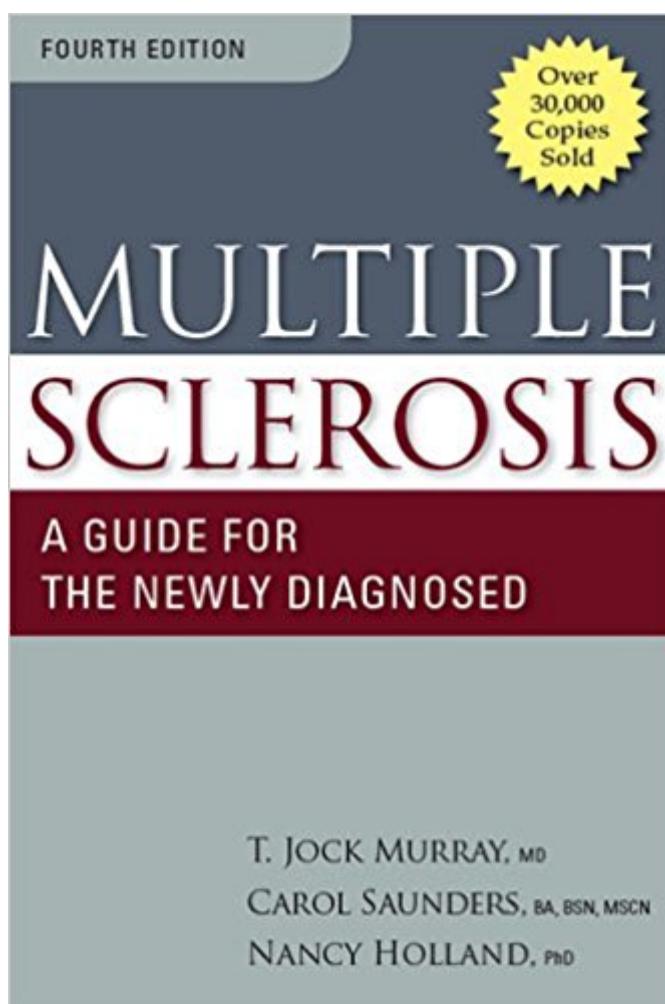


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# Multiple Sclerosis: A Guide For The Newly Diagnosed: Fourth Edition



## **Synopsis**

"This book has been written for those newly diagnosed with multiple sclerosis. It is a guide to learning about the disease, its potential impact on your life, and the medical treatments now available for managing it successfully. This is a time of great excitement in research and advances in clinical management, such that most people who have multiple sclerosis can lead full and productive lives. This fourth edition is current and updated throughout, and includes a review of the controversy surrounding CCVSI and multiple sclerosis, discussion of the new pill Gelenya and other drugs in development for multiple sclerosis, new information on the drug Tysabri, and discussion of treatments and complementary and alternative medicine in MS. This is the place to begin your education about MS."

## **Book Information**

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## **Customer Reviews**

"This is a resource for people diagnosed with multiple sclerosis as well as their friends and families. It offers insight into the history of the disease and how knowledge of MS arrived at the place it is today. The authors offer current information on management of the disease as well as management of its symptoms. For those people who want to delve into a broad array of information, this book will be quite beneficial." -Pat Kennedy, RN, CNP, MSCN, Author of The Can Do Multiple Sclerosis Guide to Lifestyle Empowerment "From diagnosis through a process of better understanding and coping with MS, this book is a must read. It is an invaluable resource for your personal MS library that you may rely upon again and again. Get the answers to maintain your quality of life." -Jeffrey N.

Gingold, Author of the award-winning book, Facing the Cognitive Challenges of Multiple Sclerosis, Second Edition and Mental Sharpening Stones: Manage the Cognitive Challenges of Multiple Sclerosis "Multiple Sclerosis: A Guide for the Newly Diagnosed is the perfect primer for someone who has just been diagnosed with MS. I wish an easy-to-read and understandable book like this had been available when I was diagnosed with MS." -Shelley Peterman Schwarz, Award-winning writer and author of seven Tips for Making Life Easier books (20121130) --Pat Kennedy, RN, CNP, MSCN, Author of The Can Do Multiple Sclerosis Guide to Lifestyle Empowerment

T. Jock Murray, MD, is currently professor emeritus of Medicine and Neurology and former Dean of Medicine at Dalhousie University in Halifax, NS, Canada. Dr. Murray was also founder and President of the Consortium of MS Centers, where he was awarded for his lifetime contributions to MS research. He served as Vice President of the American Academy of Neurology and two terms as Chairman of the American College of Physicians. Widely published, he is the author of Multiple Sclerosis: The History of a Disease, which was awarded the ForeWord Silver Medal as the best book on history in 2005. Carol S. Saunders, BA, BSN, MSCN, has been a nurse specializing in MS issues for 27 years. She was the Director of Patient Care at the Neurology Center of Fairfax, Virginia, for twenty-three years and a member of the Consortium of MS Centers since 1989. She was a founding member of the International Organization of MS Nurses. In 2008, she was honored as a Volunteer of the Year by the National Multiple Sclerosis Society. She is the author of What Nurses Know Multiple Sclerosis. Carol lives in San Diego and is active in the NMSS chapter there. Nancy J. Holland, EdD, RN, MSCN, has worked on over sixty MS-related articles, chapters, and books including Multiple Sclerosis: A Guide for the Newly Diagnosed, Third Edition. She was the vice president of the Professional Resource Center and Clinical Programs Department at the National Multiple Sclerosis Society in New York.

This is a wonderful book for anyone newly diagnosed with or who may think they have MS. The info is written so it easy to understand by the lay person. In my opinion the info is accurate because I compared it with another book on MS which was written for medical professionals. It also is uplifting because it makes you realize that with all of the medical advances, a diagnosis of MS is not an automatic death sentence or one if disability. I highly recommend it.

I found some valuable information been a newly diagnosed patient. It gave me a understand to research, things and write them down, to go over with my doctor. It also provide good information,

about different types of medicine's, you may want to research, and talk with your doctor about.

The book is great for someone who is newly diagnosed and filled with clinical data that can help to understand what is happening with our bodies. Some of the clinical data is a little off with regards to the medications but for the most part everything else in the book is exactly what you can find in clinical data and trials. If you do not have a medical background I would suggest reading this on the Kindle and looking the words up on a search engine to get a full understanding of the information it provides.

Very informative book about the history of MS, diagnosing, guidelines, coping skills and treatments available. Also has many informational resources into, financial info and planning for the future. There is information on research and complementary medicine. This book is very helpful.

I have not been diagnosed with ms yet, last week had a spinal tap and various blood work. Have been experiencing several symptoms and this was a great book to help me get an understanding and handle on what i might be facing.

Very informative and easy to read. Worthwhile.

excellent book to learn about MS . my son now has Multiple sclerosis and the book has help to understand more about what he is going thru. I highly recommend this book. Gerri

A great wealth of knowledge in this book. My son has MS and its a real learning process to understand the disease.

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